

Department of Psychology Alumni Meet

Report on Alumni Session

Title: *Beyond the Books: Launching Your Mental Health Career*

Date & Time: May 10, 10:00 AM – 11:30 AM

Resource Person: Ms. Preethi Jain, Psychologist, Talene Wellness Centre

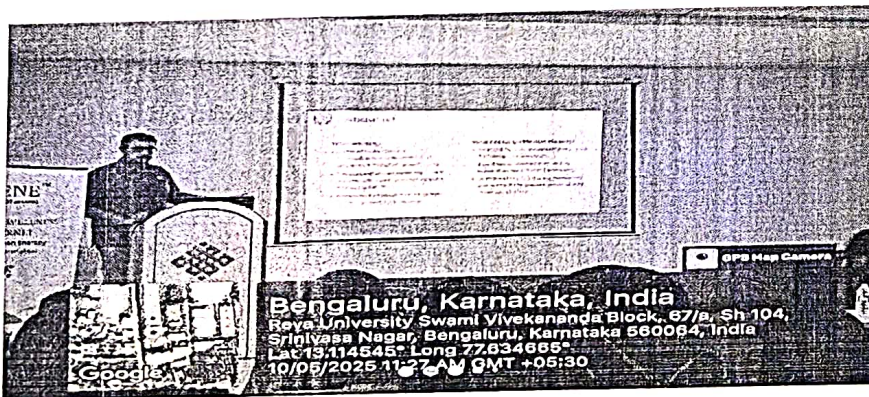
An insightful alumni session titled "*Beyond the Books: Launching Your Mental Health Career*" was held on May 10, from 10:00 AM to 11:30 AM. The session featured Ms. Preethi Jain, an accomplished psychologist currently practicing at Talene Wellness Centre.

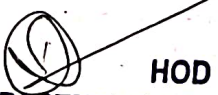
The objective of the session was to bridge the gap between academic learning and real-world professional practice in the field of mental health. Ms. Jain, drawing from her rich experience in clinical and counselling settings, shared practical insights into the challenges and opportunities faced by early-career professionals in psychology.

She emphasized the importance of continuous learning, ethical practice, and developing strong interpersonal skills. Ms. Jain also discussed various career paths available within the mental health domain, such as clinical psychology, counselling, organizational behaviour, and community outreach. She guided students on resume building, networking, gaining supervised experience, and preparing for licensure and higher studies.

The session was highly interactive, with students actively engaging in a Q&A segment. They sought advice on internship opportunities, handling client cases, and balancing self-care with professional responsibilities.

Overall, the session was both informative and motivational, equipping aspiring mental health professionals with the knowledge and confidence to take their first steps into the field beyond their academic curriculum.



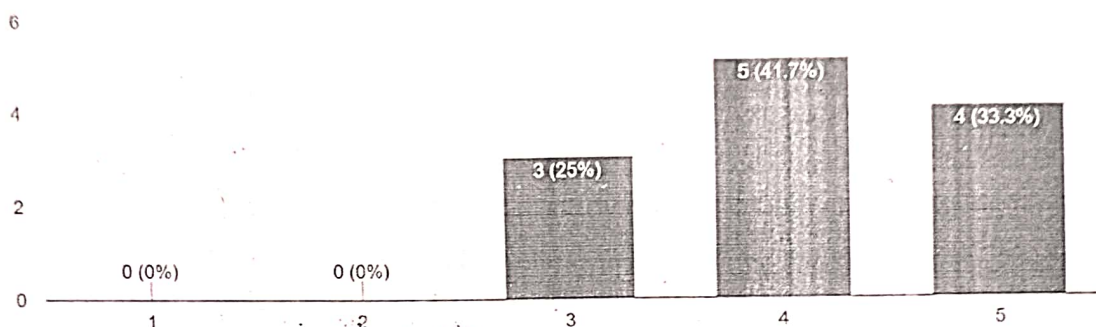

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REVA University, Rukmini Knowledge Park,
Kattigenahalli, Yelahanka, Bangalore - 560064.

How would you rate?
12 responses

Feedback Form

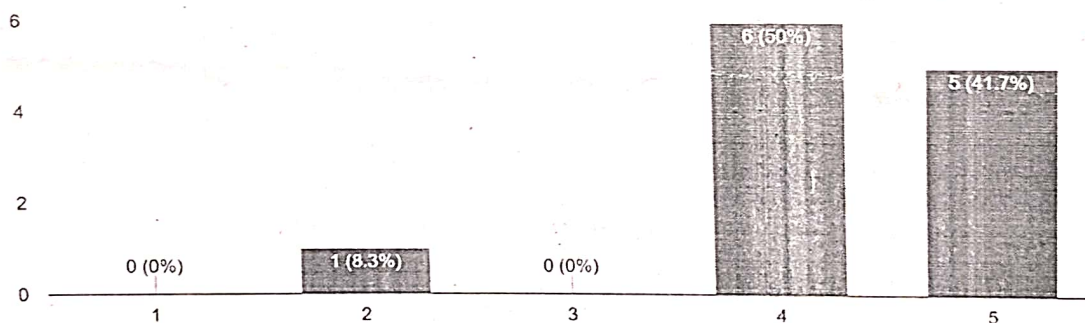
How satisfied were you with the event?


12 responses



How relevant and helpful do you think it was for your job?

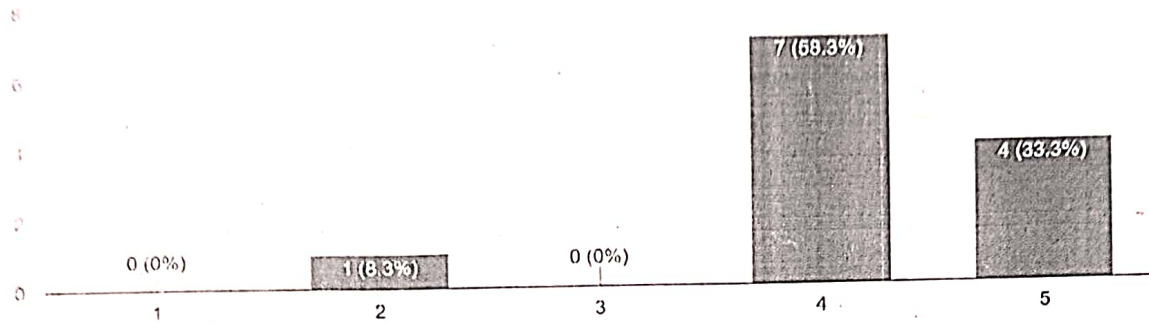
12 responses





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How would you rate Ms. Preethi Jain's delivery and expertise on the topic?

12 responses





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Date: 10/05/2025

Venue: Justice Hegde Seminar hall

Sl No.	SRN	Name	Signature
1.	R23AJ022	Anagha . O	Anagha
2.	R23AJ010	S. S. Sankar	S. S. Sankar
3.	R24AM005	Sweetcyn	Sweetcyn
4.	R24AL009	MANEESHA	MANEESHA
5.	R24AL002	AKSHAYA S	AKSHAYA S
6.	R24AL001	ADHWAITHA	ADHWAITHA
7.	R24AL008	ITSHITIJ	ITSHITIJ
8.	R24AL016	Priya K. N. N. N.	Priya K. N. N. N.
9.	R23AJ023	Theertha . M . S	Theertha . M . S
10.	R23AJ017	Rakina	Rakina
11.	R23AJ006	K. Meghana Tulasi	K. Meghana Tulasi
12.	R23AJ015	Prerana Gowda B N	Prerana Gowda B N
13.	R24AM006	Sherel Chetty	Sherel Chetty
14.	R24AM026	Megha Rishesh	Megha Rishesh
15.	R24AM001	Ashwasha Sahoo	Ashwasha Sahoo
16.	R23AJ009	Mohamed Tufail.	Mohamed Tufail.
17.	R24AL003	Anish Rajpurat	Anish Rajpurat
18.	R23AJ001	B. Krishna	B. Krishna
19.	R24AM029	R. S. S. Raja	R. S. S. Raja
20.	R24AL013	Rabbi Immanuel	Rabbi Immanuel


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